Snack

Almond Butter Celery with Dried Cherries

Crunchy celery stalks filled with creamy almond butter and topped with sweet dried cherries, ready in about five minutes.

5 min	180	12 g	5 g
time	calories	carbs	sugars



Vegan | Gluten free | Dairy free

Ingredients, 1 serving

- [ ] 2 stalks celery (trimmed and washed)
- [ ] 2 tsp unsweetened dried cherries
- [ ] 11/2 tbsp almond butter

Method

- [ ] **1** Trim and wash the celery stalks.
- [ ] **2** Fill each celery stalk with the almond butter.
- [ ] **3** Press the unsweetened dried cherries into the almond butter along the top of each stalk.
- [ ] **4** Serve immediately.

Nutrition Facts

Per serving

Calories	**180**
Total fat	13 g
Saturated fat	1.5 g
Sodium	120 mg
Total carbs	12 g
Fiber	4 g
Total sugars	5 g
Protein	6 g

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