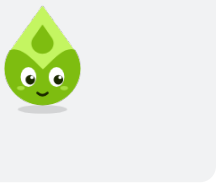
Dinner

Crunchy Slivered Almond Sprinkle

A single serving of slivered almonds kept ready to scatter over a meal for a bit of nutty crunch.

2 min	80	3 g	1 g
time	calories	carbs	sugars



Vegan | Gluten free | Dairy free

Ingredients, 1 serving

- [ ] 1/2 oz slivered almonds

Method

- [ ] 1 Measure the 1/2 oz of slivered almonds into a small bowl.
- [ ] 2 Scatter the slivered almonds over your plated dish just before serving.

Nutrition Facts

Per serving

Calories	**80**
Total fat	7 g
Saturated fat	0.5 g
Sodium	0 mg
Total carbs	3 g
Fiber	2 g
Total sugars	1 g
Protein	3 g

diabic.com/recipes

Scan to open this recipe and its shopping list